



Sustaining Engagement: Ways to Keep Activities Going



Add Music

Sing words to a book, make up songs about what you are doing, or provide instruments to enhance an activity.



Add a New Element

Change an activity or routine by adding in something new - a new action, object, or step.



Volume and Speed Adjustments

Create more fun by having the children do the activity loud or quiet, fast or slow.



Merge Activities

Take two familiar activities or toys and combine them. For example, dolls can participate in reading a book.



Offer a Choice

Let children take turns making simple choices about the activity. "Should we cook pizza or hotdogs next?"