

# Books for Teaching About Feelings

Create opportunities with books to engage with children on emotions.

## Infant & Toddler Books

<b>Hug</b> Jez Alborough	A book celebrating the pleasure of giving and receiving good hugs through a monkey and his animal friends.
<b>Baby Faces</b> Margaret Miller	Perfect for early childhood development, happy babies, laughing babies, silly babies and crying babies are found on the pages of this board book.
<b>Global Babies</b> The Global Fund for Children	From Guatemala to Bhutan, colorful photo embrace our global diversity and give glimpses into the daily life and traditions from around the world.
<b>I am Happy: A Touch and Feel Book of Feelings</b> Steve Light	This brightly colored and tactile novelty book showcases collage illustrations with real pieces of material for young children to touch and feel.
<b>My First Taggies Book: If You're Happy and You Know It</b> Will Grace	A fun song in a unique board book format with applique on the cover and colorful ribbon tags perfect for little hands.
<b>Oh, David!</b> David Shannon	Oh, David! What have you done now?! Whether it's time to get dressed or go to sleep, this youngster can always find a way to make a little trouble. But no matter what David does, his mother truly loves him.

## Toddler Books

<b>Llama Llama Series</b> Anna Dewdney	These best-selling picture books feature preschooler Llama Llama who experiences adventures through rhyming text, gentle humor, and familiar situations.
<b>My Many Colored Days</b> Dr. Seuss	Using a spectrum of vibrant colors and a menagerie of animals, this unique book provides a range of human moods and emotions and wonderful way for parents and adults to talk to children about feelings.
<b>The Feelings Book</b> Todd Parr	Targeted to young children, this book will inspire kids to discuss their multitude of feelings in a kid-friendly, accessible format.
<b>Lots of Feelings</b> Shelley Rotner	In this expressive photo-essay, simple text and photographs introduce basic emotions – happy, grumpy, thoughtful, and more – and how people show them.
<b>When I am/Cuando Estoy</b> Gladys Rosa-Mendoza	Let children discover the joy and excitement of dual language learning through the world of emotions in English and Spanish.
<b>Duck &amp; Goose, How are you Feeling?</b> Tad Hills	This charming board book uses simple text and colorful illustrations to help preschoolers identify familiar feelings like happy, sad, scared, and proud.