

Examining Our Emotional Reactions to Behaviors Directions: Fill out each row separately as introduced by your trainer.

Hot Buttons

Write three behaviors that "push your buttons."		
Write the emotion word that describ	pes the way each of these behaviors m	akes you feel.
What is the impact of your feelings? How do you respond to each of these behaviors? Write down how you act/react towards a child when he or she displays each behavior.		
How do these behaviors and your response impact the relationship you have with the child?		
How do the child's behaviors and yo	our response impact the relationship yo	ou have with the family?
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