



What is Practice Based Coaching?

PBC is a process for supporting teachers' use of effective teaching practices that lead to positive outcomes for children. It occurs in the context of a collaborative coaching partnership, based on shared understanding and two-way interactions. Coaching relationships do not involve evaluation or judgement. PBC is a supportive way for adults to grow professionally.



The coaching cycle components are:

1. Planning goals & action steps
 - Assess strengths and needs
 - Set clearly defined, measurable, and achievable goals
 - Create an action plan
2. Engaging in focused observation
 - Gather and record information through classroom observation, guided by the goals and action plan
 - Support strategies to improve and refine practices
3. Reflecting on and sharing feedback about teaching practices
 - Discuss and reflect on observation and progress
 - Share and consider feedback
 - Support strategies to improve and refine practices

PBC takes place in a cycle, meaning it continues through a series of steps, and each step in the cycle informs the next step.

The Coaching Relationship

The coach is someone who guides the other person to develop a new skill or build on existing skills. Coaching is a partnership that occurs because both parties are willing and agree to work together.

<p>Coaching is...</p> <ul style="list-style-type: none"> • Collaborative & ongoing • Focused on building skills • Reliant on observation & feedback • Goal-directed • Outcomes driven 	<p>Coaching is Not...</p> <ul style="list-style-type: none"> • Providing modeling only • Supervision • Training with classroom observation • Providing tips
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Adapted from: Snyder, P., Hemmeter, M.L., & Fox, L. (2015). Supporting implementation of evidence-based practices through practice-based coaching. *Topics in Early Childhood Special Education*, 35, 133-143.