

# Infant & Toddler Social Emotional Development Parent Letter Examples

Handout with two parent letter examples on social emotional development for infants and toddlers.

Dear Parents,

We are excited to be implementing social-emotional learning into our everyday routines with your child. The team and I will receive training on new knowledge and ideas about social-emotional development. In addition, the team and I will have opportunities to be coached on the new ideas and practices we use in the classroom. Every child will benefit from the new ideas and strategies we use!

For your family, I have shared some information below about social-emotional development and will keep you informed throughout the school year with the ideas and strategies we are using with all the children. I would love to hear ideas you use at home! And if you have any questions, please don't hesitate to ask!

What is Social and Emotional Development?

- Form strong relationships with others
- Express and manage emotions
- Explore the world around them and problem-solve

Why is Social and Emotional Development so Important?

- Social and emotional skills are as important as ABC's and 1, 2, 3's. Babies need relationships with loving adults to learn these skills. Loving relationships also help babies brains to grow and develop. When children have this healthy foundation, they are more likely to:
  - Make friends
  - Follow directions
  - Control emotions
  - Solve problems
  - Focus on tasks

How can you support children's social and emotional development?

- Children need help from adults to learn how to get along with others and manage their feelings. Many of the things adults do with children every day can help a child to gain social and emotional skills, such as:
  - Cuddling, sharing a laugh and playing with an infant or toddler
  - Taking time to listen, engage and talk with a preschooler about their day
  - Showing interest in a school age child's friends, activities and projects





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Dear Parents,

We are proud to announce that we will be adopting a classroom model for helping children learn social skills and appropriate behavior (e.g., following classroom rules, playing with peers, problem solving). All of the classroom staff will be working together to teach your child the following behavior expectations:

- Be a friend – how to use friendly behavior, express emotions appropriately, share, and be polite
- Be safe – using toys and materials appropriately, following classroom rules, healthy habits
- Be a Team Player – working with others, being cooperative, cleaning up

In addition, we want to work in partnership with you to make sure children understand these expectations at home and preschool. Every month, we will be sending you tips on how you can help your child learn these expectations and develop social skills and appropriate behavior. When you visit our class, you will see the many ways that we will be helping your children learn and practice new social skills and appropriate behavior. We are excited about this effort and look forward to working with you and your child!