

If your baby is making cooing noises or starting to babble, they are already experimenting with language. As caregivers we want to support and expand these early language skills. Commenting is a great way to engage with your infant..

What is commenting?

- Commenting is when you **talk or sign** about what is happening around you. It can also be **labeling** what you see, hear, smell, or feel. For example, "You are sad," "I see a bird," "It's time to eat."

Why Comment?

- Commenting **provides new words** to your child.
- Even before they can use words to talk, children can **learn** what words mean and **how to use** words.
- The more you talk and sign, the more words your child will **understand**, an eventually use to communicate.

How do I start commenting?

Here are some questions you can work through with your home visitor to get started:

- What types of words would it be helpful for my child to know?
- How long should my comments be?
- What are some activities or routines I do with my child daily?
- When/how am I going to use commenting with my child?