

## Position

Be in front of the child, at eye level. Hold the two choices far enough apart from each other to easily tell which the child attends to more.

## Observe

Watch the child carefully to see which object they look at longer, or look for subtle gestures from them. If they do not reach, point, or vocalize, observing these less noticeable reactions are a great way to identify the child's preference.

## Pause

When offering two choices, wait a bit after labeling each choice to give the child time to process. Try not to repeat the question until you've given time to think and respond. If they do not respond, you can help them make a choice and move on.

*Note: As children age, they may not need as many visuals to help them make choices. You can adjust the way you present choices as they develop.*